

East Carolina University
Department of Human Development and Family Science

Marriage and Family Therapy (MFT) and Medical Family Therapy (MedFT) Core Faculty

Dr. Andrew S. Brimhall, LMFT



*MFT Program Director
Teaching Coordinator
AAMFT Approved Supervisor*

Education:

Ph.D., Texas Tech University (2005)
M.S., Brigham Young University (2002)
B.S., Brigham Young University (2000)

Research Interests:

Understanding how families navigate relational transitions. These include: Divorce and Remarriage; Parent-child interactions; Attachment-based Couple and Family Interactions; Filial Play Therapy; Sexual Addictions and other Compulsive Behaviors; Trauma; and Qualitative Methodology

Dr. Kayla Reed Fitzke, LMFT



*MedFT Program Director
PhD Professional Development Coordinator
AAMFT Approved Supervisor*

Education:

Ph.D., Florida State University (2017)
M.S., University of Kentucky (2013)
B.S., Virginia Tech (2011)

Research Interests:

Promotion of health during emerging adulthood, intersection of risk and resilience, military families, college student behavioral health, and role of relationships in health.

Dr. Jakob F. Jensen, LMFT



*Supervision Coordinator
AAMFT Approved Supervisor*

Education:

Ph.D., Auburn University (2014)
M.S., Auburn University (2010)
B.S., Brigham Young University (2007)

Research Interests:

Couples Communication and Social Networks,
Disclosure of Romantic Challenges,
Psychophysiology during Conflict, LGBTQ+
Romantic and Social Relationships

Dr. Angela Lamson, LMFT, CFLE



*Campus and Community Engagement
Coordinator
AAMFT Approved Supervisor*

Education:

Ph.D., Iowa State University (1999)
M.S., Iowa State University (1996)
B.S., Iowa State University (1995)

Research Interests:

Medical Family Therapy, integrated behavioral
health care, military marital health, healthcare
policy, and compassion fatigue among providers.

Dr. Damon Rappleyea, LMFT

*M.S. Professional Development Coordinator
AAMFT Approved Supervisor*

Education:

Ph.D., Texas Tech University (2009)
M.S., University of Oregon (2004)



B.S., Brigham Young University (2001)

Research Interests:

Intimate partner violence assessment and treatment, relationship education effectiveness, intersectionality in therapy, and MFT professional development

Dr. Erin Ness Roberts, LMFT



Family Therapy Clinic Director

M.S. Internship Coordinator

AAMFT Approved Supervisor

Education:

Ph.D., University of Louisville (2015)

MSSW-MFT, University of Louisville (2010)

B.A., Dickinson College (2004)

Research Interests:

Relationship education, Intimate Partner Violence etiology & interventions, relationship recovery, repair & rejuvenation

Dr. Andrea Trejo, LMFTA



M.S. Internship Coordinator

Education:

Ph.D., University of Georgia (2024)

M.A., University of San Diego (2019)

B.A., University of California, San Diego (2017)

Research Interests:

Integrated behavioral healthcare, Latinx immigrant family health, health impacts of racialized adversity and traumatic stress, racialized pain and chronic health disparities,

chronic illness management, Spanish language
therapy, Narrative Exposure Therapy