

East Carolina University  
Department of Human Development and Family Science

Marriage and Family Therapy (MFT) and Medical Family Therapy (MedFT) Core Faculty

**Dr. Andrew S. Brimhall, LMFT**



*MFT Program Director  
Teaching Coordinator  
AAMFT Approved Supervisor*

**Education:**

Ph.D., Texas Tech University (2005)  
M.S., Brigham Young University (2002)  
B.S., Brigham Young University (2000)

**Research Interests:**

Understanding how families navigate relational transitions. These include: Divorce and Remarriage; Parent-child interactions; Attachment-based Couple and Family Interactions; Filial Play Therapy; Sexual Addictions and other Compulsive Behaviors; Trauma; and Qualitative Methodology

**Dr. Kayla Reed Fitzke, LMFT**



*MedFT Program Director  
PhD Professional Development Coordinator  
AAMFT Approved Supervisor*

**Education:**

Ph.D., Florida State University (2017)  
M.S., University of Kentucky (2013)  
B.S., Virginia Tech (2011)

**Research Interests:**

Promotion of health during emerging adulthood, intersection of risk and resilience, military families, college student behavioral health, and role of relationships in health.

**Dr. Jakob F. Jensen, LMFT**



*Supervision Coordinator  
AAMFT Approved Supervisor*

**Education:**

Ph.D., Auburn University (2014)  
M.S., Auburn University (2010)  
B.S., Brigham Young University (2007)

**Research Interests:**

Couples Communication and Social Networks,  
Disclosure of Romantic Challenges,  
Psychophysiology during Conflict, LGBTQ+  
Romantic and Social Relationships

**Dr. Angela Lamson, LMFT, CFLE**



*Campus and Community Engagement Coordinator  
AAMFT Approved Supervisor*

**Education:**

Ph.D., Iowa State University (1999)  
M.S., Iowa State University (1996)  
B.S., Iowa State University (1995)

**Research Interests:**

Medical Family Therapy, integrated behavioral  
health care, military marital health, healthcare  
policy, and compassion fatigue among providers.

**Dr. Damon Rappleyea, LMFT**



*M.S. Professional Development Coordinator  
AAMFT Approved Supervisor*

**Education:**

Ph.D., Texas Tech University (2009)  
M.S., University of Oregon (2004)  
B.S., Brigham Young University (2001)

**Research Interests:**

Intimate partner violence assessment and  
treatment, relationship education effectiveness,  
intersectionality in therapy, and MFT  
professional development

**Dr. Erin Ness Roberts, LMFT**



*Family Therapy Clinic Director  
M.S. Internship Coordinator  
AAMFT Approved Supervisor*

**Education:**

Ph.D., University of Louisville (2015)  
MSSW-MFT, University of Louisville (2010)  
B.A., Dickinson College (2004)

**Research Interests:**

Relationship education, Intimate Partner  
Violence etiology & interventions, relationship  
recovery, repair & rejuvenation

**Dr. Andrea Trejo, LMFTA**



*M.S. Internship Coordinator*

**Education:**

Ph.D., University of Georgia (2024)  
M.A., University of San Diego (2019)  
B.A., University of California, San Diego (2017)

**Research Interests:**

Integrated behavioral healthcare, Latinx  
immigrant family health, health impacts of  
racialized adversity and traumatic stress, racialized  
pain and chronic health disparities, chronic illness  
management, Spanish language therapy, Narrative  
Exposure Therapy