

College of Health and Human Performance
Department of Kinesiology
B.S. in Health Fitness Specialist

This is a **recommended** sequence. Check catalog for prerequisites.
 Course availability may vary from semester to semester.

FRESHMAN YEAR

<u>Fall Semester</u>		<u>Spring Semester</u>	
BIOL 1050+1051 <i>or</i> BIOL 1100+1101	3/1	BITE 2112 <i>or</i> MIS 2223 <i>or</i>	
<i>or</i> BIOL 1150+1151	3	KINE 2050 <i>or</i> MATH 2228	3
ENGL 1100	2	BIOL 2130	4
HLTH 1000	1	MATH 1065	3
KINE 1000	3	Social Science	3
PSYC 1000	3	Humanities - <i>GD, DD, or WI option*</i>	3
Fine Arts - <i>GD, DD, or WI option*</i>	3		
Total:	16	Total:	16

SOPHOMORE YEAR

<u>Fall Semester</u>		<u>Spring Semester</u>	
ENGL 2201	3	CHEM 1020 <i>or</i> CHEM 1150 + 1151	4
HLTH 2220	3	KINE 3540	2
KINE 2850	1	Hum/Fine Arts - <i>GD, DD or WI option*</i>	3
KINE 2000	3	NUTR 1000 <i>or</i> 2105	3
PHYS 1250+1251	3/1	KINE 3800 + 3801	2/1
Total:	14	Total:	15

Declare major - must have a 2.0+ GPA & pass KINE Majors Fitness Test

JUNIOR YEAR

<u>Fall Semester</u>		<u>Spring Semester</u>	
KINE 2202	3	KINE 3850	3
KINE approved elective	4	KINE 3805 + 3806	3/1
HLTH restricted elective	3	KINE Elective (3000 level or above)	3
KINE 3880+ 3881 (D)	2/1	Electives to complete degree	3
Social Science	3	Electives to complete degree	1
Total:	16	Total:	14

SENIOR YEAR

<u>Fall Semester</u>		<u>Spring Semester</u>	
KINE 4030 (D)	3	KINE 4800 - Internship (D)	12
KINE 4020 (D)	3		
KINE 4801 (D)	1		
KINE 4805 + 4806 (WI) (D)	1/3		
KINE 4850 (D)	3		
HLTH 4200	3		
Total:	17	Total:	12

Total hours to graduate: 120

Students must earn a grade of C- or higher in all required KINE courses.

(D) - KINE 4000 level courses are restricted to declared majors and minors only

*A 3 ch *Global Diversity* & *Domestic Diversity* course is required and can be taken as other general education courses or electives. Additionally 12 credit hours of *Writing Intensive* courses must be completed which include ENGL 1100, ENGL 2201, a major writing intensive courses and an additional WI course of the student's choice. The student's choice WI can also be completed with general education courses or other electives.