

Health

K.PCH.1.3

Explain rationale for not sharing hygiene products (combs, brushes, toothbrushes).

Materials:

- Video: <https://www.youtube.com/watch?v=yxonJTWhBJQ>
- Video: <https://www.youtube.com/watch?v=jQ2e0KH5WrI>
- Handout – To Share or Not to Share (copies for students)

Focus Step:

<https://www.youtube.com/watch?v=yxonJTWhBJQ> – Play this video for students and ask them to look for reasons why germs make us sick and how germs are spread. We are going to learn an important lesson in not spreading germs by not sharing personal items that might spread germs today.

or

Have students play online game, Germ Zapper

<http://www.wateraidgames.org/germzapper> and have students zap the germs throughout the household. Ask students where some of the germs were found. Were there any surprises?

Statement of Objectives:

After today's lesson, you will be able to identify items that should not be shared with friends and explain why it is not safe to share these items with others

Teacher Input:

Explain to students what it is very important for them to not personal items such as brushes, combs, toothbrushes, bath towels, earphones, drinks. Make sure to explain to students that sharing is normally a good thing to do but when it comes to personal cleanliness and hygiene, sharing can make them sick. Play the Brain Pop video, Personal Hygiene (5:28) <https://www.youtube.com/watch?v=jQ2e0KH5WrI>

Ask students for 3 - 5 things they learned. Have students brainstorm a list of items that should not be shared. Be sure to include:

- Toothbrush
- Bath towels
- Combs and brushes
- Chapstick/ Lip balm
- Nail clippers and fingernail files
- Drinks
- Earphones
- Earrings

All of these items have been in contact with areas of our body that germs typically live (mouth, nails, ears, etc.). We can prevent passing germs to others by keeping food and personal items personal and not sharing with others.

Assessment:

Distribute the -To Share or Not To Share handout and ask students to color the items that they can share safely with friends blue and to color the items not to share with friends red. Ask students to circle the red items and determine which group has more items (not to share/red group=4 and to share/blue group = 2)

Closure:

Today you learned why it is important not to share items that can spread germs. We will continue to share things that are safe and will not spread germs and we will not share those items that can spread germs and make us sick.

To Share or Not to Share

Color items that are okay to share with friends blue.
Color items that are not safe to share with friends red.

