

Health

K.ICR.1.1

Explain reasons for sharing.

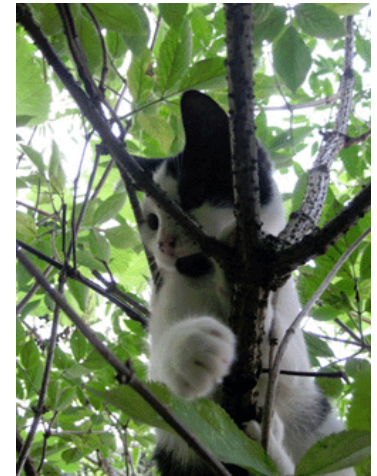
Materials:

- Cat picture (one copy for class display or project image on the board)
- Video - <http://www.values.com/inspirational-stories-tv-spots/102-pinata>
- Book Options – Sharing How Kindness Grows by Miki Sakamoto (ISBN 10- 0794411436)
How Full Is Your Bucket? For Kids by Tom Rath ISBN 10-1595610173
- Handout – Sharing (copies for students)

Focus:

Show students this picture of a cat stuck in a bush or tree (larger picture attached). Ask the students to brainstorm ideas for how to help this cat get back on the ground safely.

After the students generate several different methods – tell the students that they just shared with you and ask if they know how they shared. Some students may think of sharing as only sharing objects but in this example they were able to share ideas and problem solving strategies, which can be very helpful.



Statement of Objectives:

By the end of the lesson, you will be able to explain the importance of sharing and describe ways we can share with one another.

Teacher Input:

Show the video from values.com/Pass It On <http://www.values.com/inspirational-stories-tv-spots/102-pinata> . Ask the students how this girl was able to share in the video. Ask the students how her actions (sharing) made the boy who didn't get any candy from the piñata feel? Why do people share with others (to help, to use limited supplies, to have fun)?

Share one of these books with students – “How Full is Your Bucket” or “Sharing How Kindness Grows.” Ask students to describe how sharing made the characters in these books feel? Explain to students that sharing helps other people and makes other people feel good; however, sharing also makes us feel good and can affect other people in addition to the person we shared with - as it did in these stories. Sharing is an act of kindness and kindness makes everyone feel better. Everyone benefits from sharing - those who share, those who are shared with, and those who witness sharing.

Assessment:

Provide the drawing and sentences handout to students. Ask the students to draw two pictures. One picture should show an example of a time when they were able to share something with someone else and one picture should show when someone shared something with them. The drawings should

include at least three details. At the bottom of the paper, ask students to write one sentence that explains why sharing is important.

Closure:

You did a great job today thinking of the many different ways we can share with one another and explaining how sharing benefits everyone.



Sharing
