

Health

K.ATOD.1.2

Classify things found around the house as medicinal drugs or other (e.g. candy).

Materials:

- Link to Look-alikes: <http://www.ncpoisoncenter.org/body.cfm?id=276>
- Ten types of medicine that look like candy
- Eight types of candy that resemble medicine
- Paper bag
- Two plates or clear baggies
- Appendix 2, In and Around the House
- Note: K-12 schools are eligible for \$150 of free materials from the Carolinas Poison Center: <http://www.poisonshop.org/doyouquforfr.html>

Focus:

Play “Don’t Touch Them Pills” (1:53)

<https://www.youtube.com/watch?v=GyoqtUDEuGs&t=13s>

Ask the following questions:

- Where are medicines often kept?
- What do they often look like?
- What should you do if you find what might be a pill?
- Who can give you medicines?

Statement of Objectives:

Today we will talk about some things that you might find around the house that can look like candy but might be pills, or medicine. We will also decide what you should do if you find these types of things.

Teacher Input

Ask the question: What is medicine?

After getting input, post this on the board and read aloud:

“Medicine: a substance that is used in treating disease or relieving pain and that is usually in the form of a pill or a liquid” (Merriam Webster).

Q: Have you ever taken medicine before?

Q: Did you know that vitamins are a type of medicine?

Q: Who may give you medicine?

Sometimes medicine can look like other candy, food or drinks

Go to the following and find the poster entitled “Look Alikes”

<https://www.ncpoisoncontrol.org/-/media/NC-Poison-Center/Documents/participant-pack-children.pdf?la=en&hash=AE62779146FEF4CAD5D52F5D1E402C2933C6A0E4>

Share with the students and ask the following questions:

Are there some ways to be able to tell the difference? (Look at packaging, labels; ask an adult)

Place the eight candies in one baggie and the ten medicines in another. Place both baggies in a brown bag so children cannot see how they are grouped.

Create two columns on the board and label them: left is Candy; the right is Medicine.

I have examples of several types of candy and medicine to show you. Let’s decide together which it might be. I have created two columns on the board and we are going to make a circle in the left column when we find a candy and an X in the right column when we find a medicine. What should we do if we are unsure? Good, we’ll ask an adult.

Remove a candy or medicine one at a time and ask the students to tell you which category it belongs. You can ask how they know. For example, medication might have certain numbers on them, or candy might have a logo.

Was it easy to decide which group the item went in? Do you think that all kids are able to tell the difference between medicines and candy?

Now let’s count how many items we have in each group.

How many are in the candy column? (8)

How many are in the medicine group? (10)

Which group had more? (medicine)

Which group had less? (candy)

Assessment:

Let’s begin by playing the identification game here:

<https://pillsvscandy.com/index.php?q=9&a=b&r=2&t=5&l=1&in=14,6,3,8,9> (or <https://missouripoisoncenter.org/look-a-like/index.html>)

As I go through the slides you will raise your hand and I will call on you to identify the pill or candy. Are there any questions?

Nice job identifying the correct item! Now I’m going to give you a handout and I want you to draw two things: one is a medicine or poison, the other is a piece of candy. I want you to make each of these items as identifiable as possible (without writing what they are). Afterwards, you’ll

exchange your paper with another student and they will identify each of the items and you can tell them if they were correct.

Remember, what should you do if you find either medicine or candy? Tell a trusted adult.

Closure:

Today we talked about how much medicine and candy can look the same and what to do if you find one. Take your handout home and give it to a parent so they have the poison control number.

Candy and Medicine

Name: _____

Draw two things: one is a medicine or poison, the other is a piece of candy. I want you to make each of these items as identifiable as possible! No words, please.