

Potential Integration:
ELA

Health
5.ICR.1.3 Explain the impact of stereotyping and discrimination on other people's self-respect and feelings.

Materials Needed:

Out of My Mind by Sharon Draper
PowerPoint, R-E-S-P-E-C-T
Example of bumper sticker Appendix 1
Bumper Sticker Template Appendix 1

Focus:

We have been reading the book Out of My Mind and learning how a person with a disability might feel and be treated by others. Ask the following questions to re-emphasize the important concepts in the story:

- What was it like to read the thoughts of a young person who could not speak?
- What do we mean by the word, stereotype?
- What stereotypes did her classmates have of Melody?
- How unfair were those judgments?
- How was Melody treated by Claire and Molly? How did Mrs. V treat Melody differently?
- Why should we consider each individual, instead of making assumptions because a person is a member of a group?
- How could you show Melody you like and respect her?

Statement of Objectives:

In our Healthful Living unit on relationships, we have looked at the difference between healthy and unhealthy relationships with others. Today we are going to talk about stereotyping and how that hurts others. By the end of the lesson, you will be able to view others without making unfair judgments.

Teacher Input:

Show the PowerPoint, R-E-S-P-E-C-T. Cover the information included in the PowerPoint to help students think critically about how stereotyping and discrimination.

Ask, How do stereotyping and discrimination make others feel?

Ask, How can you demonstrate tolerance and respect in the classroom and in the school?

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Assessment:

Say, You may have seen bumper stickers encouraging tolerance and respect, such as “Practice random acts of kindness.” Today we are going to apply what we have learned by creating a bumper sticker.

Have students create bumper stickers with messages or slogans to promote kindness, respect, and tolerance. Show the example in Appendix 1. Use the blank bumper stickers as a template to create some for students’ work. Post the bumper stickers around the room (or around the school).

Closure:

In this lesson, we learned about how hurtful discrimination and stereotyping can be. We heard about these unkind behaviors from a character (Melody) who experienced them from her classmates. I hope you will work to treat others with respect and appreciation.

Accept others' differences

...and your own!

*Kindnesses we show to others
tell who we are on the inside.*