

## Health

5.ATOD.1.1

Explain the short-term and long-term effects of alcohol abuse.

5.ATOD.1.2

Explain the effects of alcohol abuse on others.

### Materials Needed:

- Online access for drunk driving video Press Conference from NHTSA (:30)  
<https://www.youtube.com/watch?v=IJbLyBQCIHA>
- PowerPoint presentation – How Alcohol Affects the Drinker and Others
- Appendix 1– copies of graphic organizer, Effects of Alcohol on the Drinker and Others
- Appendix 2 – Alcohol Effects Crossword

### Resource:

CDC Alcohol FAQs: <https://www.cdc.gov/alcohol/faqs.htm>

### Statement of Objectives:

Last year, in Healthful Living Education, you studied a legal drug that hurts many people: tobacco. Today we will learn about another dangerous drug: alcohol. By the end of the lesson, you will be able to explain the effects of alcohol on the person who drinks and on others in that person's life.

### Focus:

One problem with alcohol abuse is the risk for drinking and driving. I'm going to show a short Public Service Announcement called Press Conference. Afterwards I'll ask a few questions.

Go here for the NHTSA video <https://www.youtube.com/watch?v=IJbLyBQCIHA>

Ask the following questions

What was the problem?

Who did he speak with and what were the questions?

How did he respond?

### Teacher Input:

When showing the PowerPoint (How Alcohol Affects the Drinker and Others), emphasize that there are words students will be learning to define and to use in the context of our Healthful Living lesson on the effects of alcohol.

Show the PowerPoint and ask students to take notes on the graphic organizer, Effects of Alcohol. Allow students a few minutes to study the terms and definitions about alcohol before the assessment activity.

Go to What Can Kids Do? from the National Association for Children of Alcoholics

<http://www.nacoa.net/cankids.html>

Briefly address the six Dos and Don'ts. Tell students that they can trust the adults at school to get them help if they are dealing with the problem of living with an alcoholic.

**Assessment:**

Provide copies of Appendix 2, Alcohol Effects Crossword. Ask students to put their notes away and work together to identify the terms and definitions. Call on students to share responses and correct misconceptions.

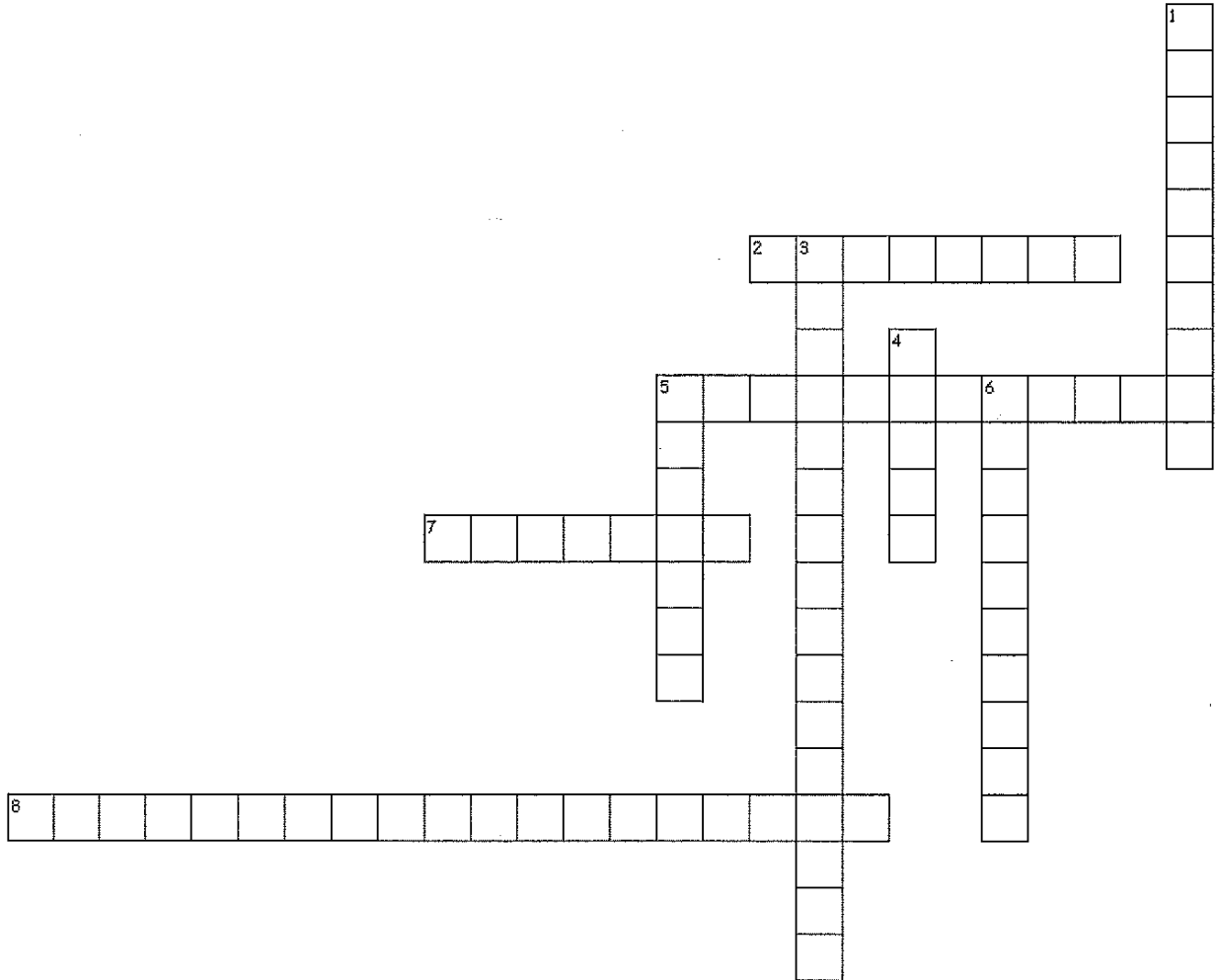
**Closure:**

Many adults drink alcohol and do not have problems. A few adults misuse alcohol and hurt themselves and their loved ones. Alcohol should be used only by adults and responsibly.

# *Graphic Organizer: Effects of Alcohol on the Drinker and Others*

Alcohol is the most widely used _____.	Alcohol is a _____ (which means it slows the body down).
It is illegal to use alcohol under the age of _____.	It is possible for adults to use alcohol in _____ ways (not hurting self or others).
When a drinker has less control over his or her body and behavior, this is called _____.	How much a person has had to drink is measured by _____ (____).
What are four reactions or short-term effects of alcohol? 1. 2. 3. 4.	If a person has unpleasant effects of too much alcohol, he or she has a _____. Symptoms include: 1. 2. 3.
What are symptoms of alcohol poisoning? 1. 2. 3. 4.	What are long-term effects of alcohol? 1. 2. 3. 4.
A person who has a disease and cannot stop drinking without help is an _____.	List ways parents drinking too much can affect children. 1. 2. 3.
What feelings might a child have if he or she is affected by alcohol? 1. 2. 3. 4.	List who can help if a child is affected by alcohol at home? 1. 2. 3. 4.

# Alcohol Effects Crossword



**Across**

- 2. unpleasant effects after too much alcohol
- 5. loss of control of body and behavior
- 7. what happens to vision with too much alcohol
- 8. measurement of alcohol in the body

**Down**

- 1. drug that slows down body
- 3. intoxication at dangerous levels
- 4. long-term effect of alcohol is \_\_\_\_\_ disease
- 5. use of alcohol under age 21 is \_\_\_\_\_
- 6. disease when someone cannot stop drinking

9 of 9 words were placed into the puzzle.

Created by Puzzlemaker at DiscoveryEducation.com