

Health

3.PCH.3.2

Summarize methods that increase and reduce injuries in and around water.

Materials:

Article, Swimming, from Kids Health (<http://kidshealth.org/kid/watch/out/swim.html#cat116>)
Appendix 1, Concept map handout
Appendix 2, Water Safety poster template

Focus:

Play the Danger Rangers, Everybody be Water Safe (2:04)
<https://www.youtube.com/watch?v=6AoOXxVOPUw>
Ask for 3 – 4 comments on what students recalled from the video.

Statement of Objectives:

As you can see by the video, today we are going to discuss ways to be safe in and around the water. By then end of this lesson, you will be able to define water safety and list ways to stay safe.

Teacher Input:

Distribute the handout (Appendix 1) and tell students they will fill in the quadrants after you have shared the information on Water Safety. Link to the article, Swimming, from Kids Health and either play the audio file or read aloud. Following are the sections:

- Why Is It Important to Be Safe in the Water?
- Swimming Pools
- Lakes and Ponds
- Beaches
- Water Parks
- But I Know How to Swim!

Ask students to volunteer one correct response for each of the quadrants (definition, fact, examples, non-examples). Tell students to complete the handout, then have students share responses for each section.

Assessment:

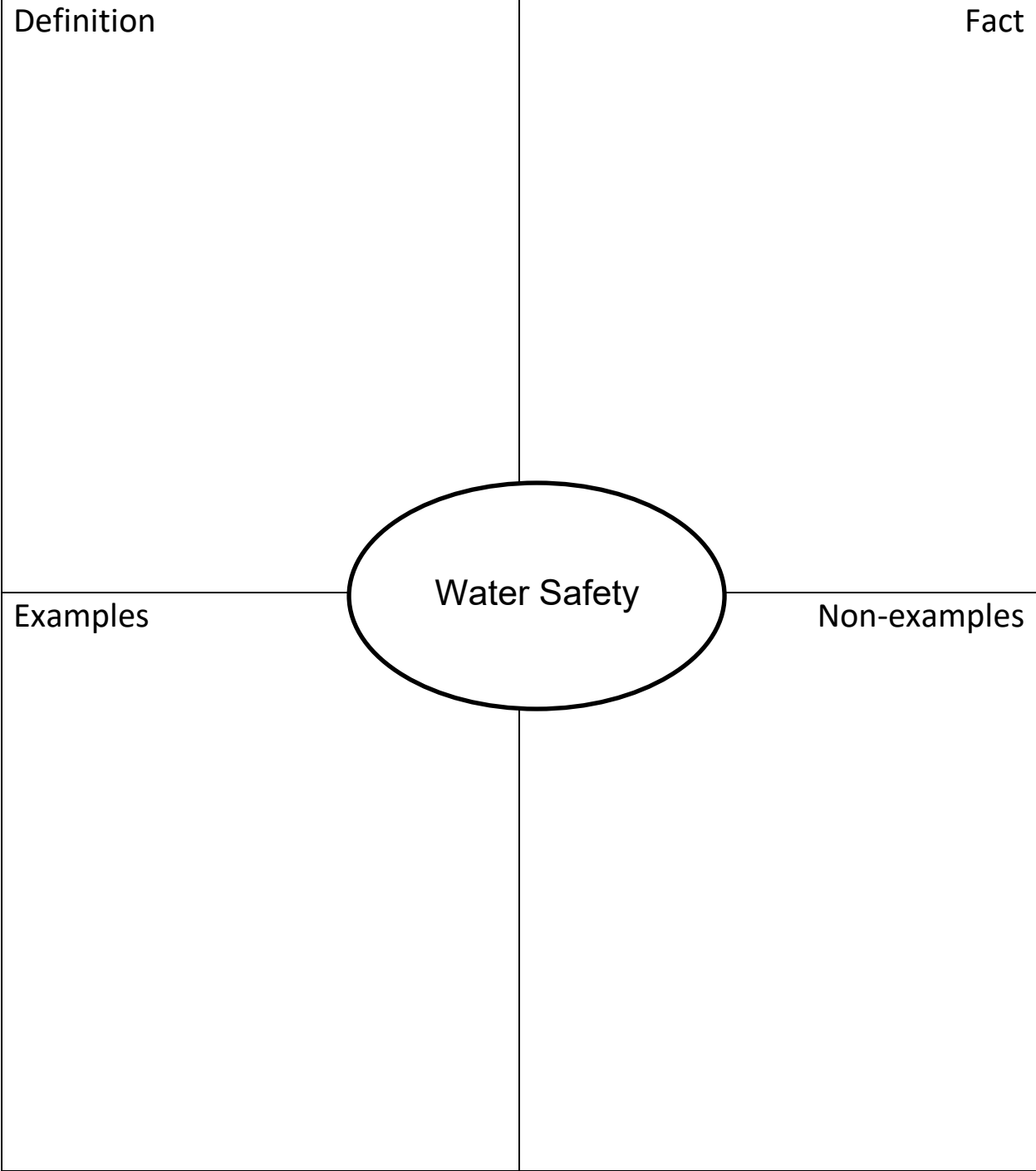
Using the notes taken with Appendix 1, students will create a poster on Water Safety. Distribute the handout (Appendix 2), and tell students they must include the following information:

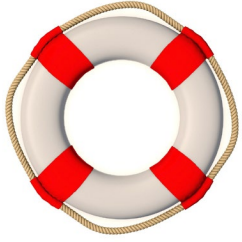
- A Water Safety slogan
- Definition of water safety
- Places where one might encounter water
- Five rules for water safety

Closure:

Today we focused on how to be safe in and around water. Your posters provide useful information to others on how to be safe. Great job, everyone.

Concept Map





Water Safety Poster Template

Slogan:

Places you might find water

Water Safety Definition:

Rules:

- 1
- 2
- 3
- 4
- 5