Health

3.ICR.1.5

Analyze situations in terms of the strategies used by people in those situations that help or hinder healthy relationships.

Materials:

Link to Focus Step, poem Circle of Friends https://www.canteach.ca/resources/songs-poems/friendship/ (scroll down)

Enemy Pie. Derek Munson

Appendix 2, Wanted poster template

Focus:

Read the Poem, A Circle of Friends. Ask students why it is important to have friends or healthy relationships. Then ask students what some of the qualities are that are important to them in their friendships and relationships.

Statement of Objectives:

Today we are going to explore relationships and what we can do to create friendships and healthy relationships with others.

Teacher Input:

Read the book, Enemy Pie

Following is a summary of the story:

It was the perfect summer. That is, until Jeremy Ross moved into the house down the street and became Enemy Number One. Luckily, Dad has a surefire way to get rid of enemies - Enemy Pie. But one of the secret ingredients is spending an entire day with the enemy! In this funny yet enduring story, one little boy learns an effective recipe for turning a best enemy into a best friend. With charming illustrations that bring to life the difficulties and ultimate rewards of making new friends, Enemy Pie serves up a sweet lesson in friendship.

Ask the following processing questions:

- What did the main character do to begin turning Jeremy Ross from an enemy into a friend?
- Have you ever had an enemy like Jeremy Ross? What can you do to turn an enemy into a friend?
- What could you do if you had to spend a day with your enemy and be nice?
- What can you do to make a new neighbor feel welcome?

Potential Integration:

ELA

Assessment:

Using the template (Appendix 1) create a "Wanted" poster for your ideal "perfect" friend.

Closure:

Today we talked about how to create healthy friendships. You were able to create "Wanted" posters to demonstrate qualities that you seek in a friend.

