

Potential Integration:

ELA

Health

3.ICR.1.4

Illustrate how to effectively and respectfully express opinions that differ.

Materials:

Signs for the room: Agree, Disagree, Unsure

A Bad Case of Stripes, David Shannon <https://www.youtube.com/watch?v=QqnChSV2mdM>

Focus:

Let's begin class with an activity where I will read a statement and you will move to the area of the room that represents how you feel about it. You may Agree, Disagree or be Unsure. After you have moved to the area of the classroom, I will ask for volunteers to explain their selection.

Here we go:

1. I love broccoli.
2. Cats are better than dogs.
3. I like to play board games.
4. Pickles taste better than peanut butter.
5. I would rather read a funny book than a scary one.
6. Water parks are better than roller coasters.
7. Toasted marshmallows are better than untoasted ones.

After you finish, ask the following processing questions:

Did everyone in the class agree on all of the sentences? Why not?

Is any choice better than the other?

Why is it important that we respect other's ideas and opinions?

Statement of Objectives:

Today we are going to address the idea of how to "agree to disagree". What this means is that you don't have to have the same ideas and beliefs of others, but you can be respectful of these differences and feel comfortable sharing your own opinions.

Teacher Input:

Summary of the book:

Camilla Cream loves lima beans but is afraid to eat them because of what her friends will think of her. None of her friends like lima beans and she wants to be liked by them. Camilla starts changing into other things depending upon what others say to her. How will Camilla ever break the curse? Will she ever be able to eat lima beans again? Can she overcome the influences her friends have on her and be herself?

After reading A Bad Case of Stripes, ask students the following questions:

- What were some of the influences that affected Camilla?
- How can the influences around us affect our health choices? (good or bad)
- How did Camilla's thinking change from the beginning of the story to the end of the story about what others thought of her?
- How did the old lady help Camilla get back to normal?

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- Have you ever decided not to do something you like because you were afraid someone would make fun of you?
- Describe what you would do if you wanted to do something, but your friends didn't.
- Is it okay for you to like something that your friends do not?

Assessment:

Choose a strength that describes you to create a large picture of yourself and decorate it with your own "Bad Case of" that would tell others something about you. For example, Gayle loves to fish, so she decorates herself in the drawing with water and fish for a "Bad Case of Fishing." After you complete your drawing, list three things that your friends like, but that you do not. Then list three things that you both like.

Closure:

Well, it appears that you all have a bad case of something! This lesson was to illustrate how it is important that we can be respectful of others, or agree to disagree.