

Potential Integration:
ELA

Health
3.ATOD.2.2 Identify ways of refusing to ride in vehicles driven by someone who has been using alcohol.

Materials:

- Computer with internet access to Youtube
- Youtube link: <http://www.youtube.com/watch?v=kdJmAtJ7zsM>
- Kid’s Health, Alcohol article http://kidshealth.org/kid/stay_healthy/body/alcohol.html#
- Appendix 1, Get the GIST
- Appendix 2, Time to Practice with a Parent! (created by Terri Mitchell using ToonDoo)

Focus:

Play the AAA Busytown Child Passenger Safety Public Service Announcement: <http://www.youtube.com/watch?v=kdJmAtJ7zsM> Ask students what else they do to stay safe in the car. Responses should include things like: no hitting, no yelling, stay in your seat, listen to the driver.

Statement of Objectives:

In today’s class, we will discuss another way to stay safe around cars and trucks: not riding with a driver who has been drinking alcohol. By the end of the lesson, you will have identified how alcohol can affect the body and strategies for refusing a ride with someone who has been drinking.

Teacher Input

Have students read the article about alcohol found on Kids Health (http://kidshealth.org/kid/stay_healthy/body/alcohol.html#). Below are the sections for this article:

- Getting the Right Message
- What Happens When People Drink?
- What Is Alcoholism?
- Say No

Distribute Appendix 1, Get the GIST, and ask student students to summarize their findings as described on the handout. In pairs or triads, ask students to share their findings and to look for similarities and differences.

Tell the students that, as the article states “the citizens and government leaders in the United States.... don't want people to drink alcohol and drive cars because that's how many accidents occur.” Ask why it is unsafe to ride with someone who has used alcohol (students should reference their GIST handout). Now ask students to brainstorm some of the ways that a student could refuse to ride with someone who has been drinking. Responses should include:

- I don’t feel safe.
- I’m not allowed to ride with someone who has been drinking.
- Alcohol can affect how you drive.
- It is illegal to drink and drive.

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- I will find another ride.
- Driving while drunk causes accidents.

These should be written under Part 2 of the GIST handout.

Ask what else should a student do if they are faced with this dangerous situation?

Answer: Find a trusted adult.

Ask for any questions.

Assessment:

To finish this lesson, I want each of you to take home this your GIST handout and Time to Practice with a Parent! (Appendix 2) In each of the text boxes, you are to pretend that a teen or adult is pressuring a kid to ride in the car with them after they have been drinking. With your mom, dad or other adult's help, write in different refusal response using your GIST handout. Bring these back to class and we will post them as reminders.

Closure:

Today we learned about some of the effects of alcohol and why it is important for our safety to not ride with a drinking driver. We will be able to use your comic strips as reminders of how to refuse.

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Get the GIST

Name _____

Title _____

Source _____

1. Read the article or section of text.

2. Fill in the 5 Ws and H.

Who:

What:

When:

Where:

Why:

How:

3. Write a 20-word GIST summary.

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Part 2

Ways to Refuse:

Appendix 2: Practice with a Parent
(created by Terri Mitchell using ToonDoo)

REFUSAL SKILLS - BY TDMITCHELL

