### Health

### 3. ATOD.1.1

Identify examples of medications that help individuals with common health problems.

### Materials:

- Link to PBSKids, Lily Gets a Shot (2:40) <u>http://pbskids.org/video/</u> (under Topics, Human Body)
- Kids Health article, What Medicines are and What They Do. (Informational text; 4 pages; auditory and in Spanish)
- http://kidshealth.org/kid/feel\_better/things/kidmedic.html?tracking=K\_RelatedArticle
- Appendix 1, Anticipation Guide, What Medicines Are and What They Do
- Appendix 2, Anticipation Guide, What Medicines Are and What They Do (Master)
- Appendix 3. Description Web
- Appendix 4, Short Story template

### **Focus Step:**

Play the PBSKids video, Lily Gets a Shot. At the conclusion, ask the following questions:

- Have any of you ever gotten a shot at the doctor's office?
- Why do we get shots? (to prevent and treat illnesses; they're a type of medicine)

### **Statement of Objectives:**

Today we are going to explore medications and how they can help us. We will talk about what medicines do and how to take them properly.

### **Teacher Input:**

Distribute Appendix 1, Anticipation Guide, What Medicines Are and What They Do. Tell students that they are first to read each of the eight statements. In the column labeled **Me**, place a check next to any statement with which s/he agrees. Next, using the Kids Health link (<u>http://kidshealth.org/kid/feel\_better/things/kidmedic.html?tracking=K\_RelatedArticle</u>), either print copies or have students link to the page so they may read the article.

After reading the article, tell students to compare their opinions of the statements with information contained in the text. They are then to write down the section (A, B, C, D, E, or F) that contained the correct information.

Sections:

- 1. A Rainbow of Medicine
- 2. Medicines Can Replace What's Missing
- 3. Medicines Help in Many Ways
- 4. Pain Relievers and Symptom Soothers
- 5. Many Ways to Take Medicine
- 6. Mind Your Medicines

Potential Integration: ELA

Use the Anticipation Guide Master to review the correct responses (Appendix 2).

### Assessment:

Tell students that they will use their Anticipation Guides and content from their handouts (or webpage) to create a Description Web (Appendix 3), then a short story (Appendix 4). The Topic is "Medication" and they are to fill in the Details section. They will use those Details to create their short story about medications that help individuals with common health problems.

### **Closure:**

Today we discussed medicines and how they help with common problems. I really enjoyed all of your short stories on medications and how to use them properly.

## Anticipation Guide What Medicines Are and What They Do

### Name:

#### Directions:

**Before reading**: In the column labeled *me*, place a check next to any statement with which you agree.

**After reading:** Compare your opinions on those statements with information contained in the text. Write down the section (A, B, C, D, E, or F) that contained the correct information.

Key: A: A Rainbow of Medicine, B: Medicines Can Replace What's Missing,C: Medicines Help in Many Ways, D: Pain Relievers and Symptom Soothers, E: Many Ways to Take Medicine, F: Mind Your Medicines

Me	Text	Section	
			1. Most medicines today are made in laboratories and many are based on substances found in nature.
			2. Your body cannot make too much of a chemical or substance.
			3. Medicines should only be taken to treat illness.
			4. Antibiotics kill germs called bacteria.
			5. Pain relievers can help you get well if you have an infection.
			6. Immunizations keep people from getting sick in the first place.
			7. Some medicines are best taken by breathing it into the lungs.
			8. You should also always follow your doctor's instructions for taking medicine

### Anticipation Guide (Master) What Medicines Are and What They Do

#### Name:

### Directions:

**Before reading**: In the column labeled *me*, place a check next to any statement with which you agree.

**After reading:** Compare your opinions on those statements with information contained in the text. Write down the section (A, B, C, D, E, or F) that contained the correct information.

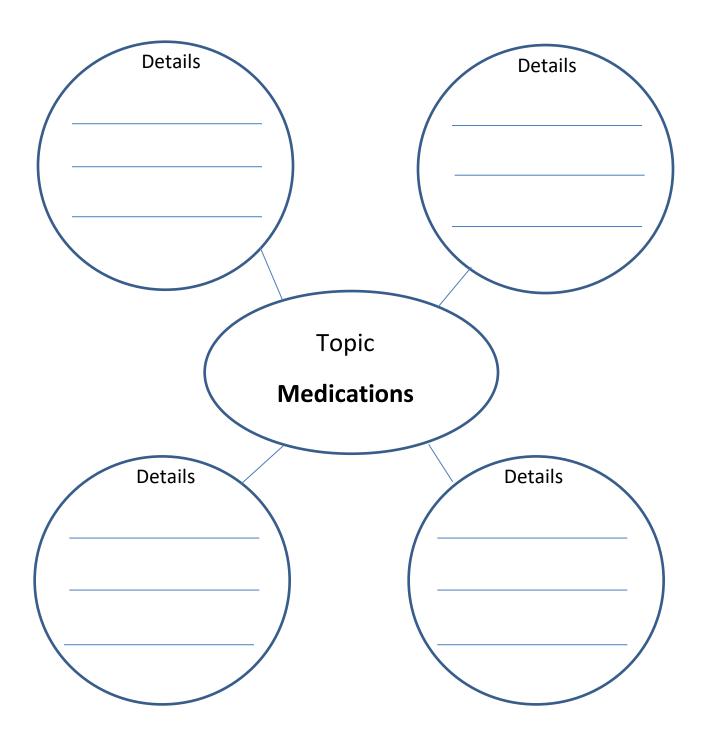
Key: A: A Rainbow of Medicine, B: Medicines Can Replace What's Missing,C: Medicines Help in Many Ways, D: Pain Relievers and Symptom Soothers, E: Many Ways to Take Medicine, F: Mind Your Medicines

Me	Text	Section	
	True	A	1. Most medicines today are made in laboratories and many are based on substances found in nature.
	False	В	2. Your body cannot make too much of a chemical or substance.
	False	В	3. Medicines should only be taken to treat illness.
	True	С	4. Antibiotics kill germs called bacteria.
	False	D	5. Pain relievers can help you get well if you have an infection.
	True	D	6. Immunizations keep people from getting sick in the first place.
	True	E	7. Some medicines are best taken by breathing it into the lungs.
	True	F	8. You should also always follow your doctor's instructions for taking medicine .

Potential Integration: ELA

### Description Web

**Directions:** Fill in the center of the description web with a few words that tell about your topic. Then add details that tell more about the topic.



# Short Story about Medications and How They Can Help When Taken Properly

Instructions: in the space below, use the details from your description web to write a short story about what medications are, why they are important and how to properly use them. Name: \_\_\_\_\_\_

