

Health

2.ICR.1.3

Explain why it is wrong to tease others.

Materials:

- Book: Just Kidding by Trudy Ludwig
- Appendix A Writing Activity

Focus Step:

Draw an outline of a person and cut it out. Gather students in a circle. Introduce the cutout. Explain that each person should think of an example of a time when either s/he or someone s/he knows was teased or had something hurtful said about him or her. Pass the cutout around the circle, so each student has an opportunity to share an example of teasing out loud and make a fold in the paper. When every student has had a chance to share an example of teasing or hurtful words, ask the students to go back around the circle and share something kind that can be said to make someone feel better. With each example of kindness, unfold the paper cutout.

When the cutout is returned to the teacher, explain to students that every time hurtful words are said, and kind words are put in their place, the hurt from the unkind words does not go away and leaves a permanent mark. Discuss how hurtful words do not have to be spoken directly to a person; they can be written in a note, typed on social media or told to others in the form of rumors.

Statement of Objectives:

There are many different things that people are teased about like their name, appearance, family, or ability. But it never okay to tease another person. We'll talk about teasing, how it makes us feel, and why we should not tease others.

Teacher Input:

Sometimes people use teasing as a joke or they say, "Just Kidding" and do not think it hurts someone's feelings. Ask students how they know when it is just a joke or they have crossed a line and hurt someone's feelings? (e.g. body language, facial expression, tone of voice)

Remind students what was learned in lesson 2.ICR.1.2 about students putting themselves in someone else's shoes and practicing empathy.

Read aloud, "Just Kidding," by Trudy Ludwig Discuss:

- What were some of the mean ways Vince would kid around with D.J.?
- How could you tell that DJ was bothered by Vince's teasing?
- How do you know when playful teasing has hurt someone's feelings?
- When Vince said, "just kidding," did you believe him? Why or why not?
- What could you do or say after hurting someone's feelings?
- Is "just kidding" an apology?
- What makes a good apology when you notice you hurt someone's feelings?

Assessment:

Distribute Appendix A to the students. As a class engage in an interactive writing activity to explain why it is wrong to tease others. Introduce the topic, use facts and definitions to develop points, and provide a concluding statement or section. Next, have students illustrate their writing or a comic strip to show what it looks like to use kind words instead of teasing.

Closure:

Teasing is hurtful and makes people feel bad. In Just Kidding Vince would kid around with DJ and say, “just kidding.” He did not notice that his words were hurtful. Teasing others is hurtful because it makes fun of the way someone looks or acts and hurts someone’s feelings. Also, teasing words cannot be taken back. When someone teases me, it makes me feel sad and I do not want to be around the person who teased me. Teasing can hurt friendships.

Appendix A

Name: _____

Instructions: write your own opinions about teasing and state reasons that support your opinion. Use linking words to connect opinion and reasons and provide a concluding statement or section.

Teasing is (opinion) _____.

*In **Just Kidding** (example) _____.*

*Teasing others is (opinion) _____
because _____ and _____.*

*When someone teases me about _____ it makes
me feel _____.*

Teasing is (opinion) _____.

Use three or four of the boxes to create a cartoon. Have the character(s) show what it's like to use kind words instead of teasing. Think about how that person would feel.

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