

Potential Integration:  
ELA

<b>Health</b>
2.ICR.1.1 Classify behaviors as helpful or hurtful to friendships.

### **Materials:**

- Appendix A: Thumbs Up / Thumbs Down List
- Small bowl or bucket
- Flip chart with T-charts: Helpful / Hurtful **AND** Friends Do... / Friends Don't...
- How to Lose All Your Friends by Nancy Carlson or YouTube Reading:  
<http://www.youtube.com/watch?v=caR6YFNfbGM>
- Appendix B: Interview Worksheet
- Appendix C: Wanted Writing Page

### **Focus:**

Cut apart the words in Appendix A into individual strips of paper. Fold the strips in half and place them in a small bowl or bucket. Have students seated in a circle and explain that they are going to think about whether certain actions are helpful or hurtful to friendships. One by one the teacher will take the strips out of the bucket and ask students to give a Thumbs Up if the action is helpful to friendships and Thumbs Down if the action is hurtful to friendships. As each action is given a thumbs up/down, sort the strips on a T-Chart drawn on a flip chart and ask a helper to assist with taping these to the chart. Ask students to explain how they know if someone is a good friend.

### **Statement of Objectives:**

Today's lesson is about learning how to be a good friend. We will learn how to identify helpful and harmful behaviors in friendships.

### **Teacher Input:**

Explain to students that having friends makes us happier. Ask students why they think that having friends makes us happier. We all want to be happy and it is important for us to know how to treat our friends so we do not lose people that are important to us.

Introduce the book: How to Lose All Your Friends by Nancy Carlson or watch the YouTube link to the story. Ask students to predict what some of the tips for losing all of your friends might be. Read the book. Ask students to identify the main purpose of the text, including what the author wants to describe.

Ask the students to give a thumbs up or thumbs down if they want to be friends with someone who is: grumpy all of the time, smiles a lot, does not share, allows them to borrow toys, a bully, friendly, a liar, honest, a tattletale, a whiner.

### **Assessment:**

Ask students to interview a partner using the guide in Appendix B: Students will ask and answer questions about helpful and hurtful behaviors that a friend can do to deepen their understanding

Potential Integration:

ELA

of what other students in the class think. Each partner group will share their answers with the class to develop a class list of what “Friends Do....” And “Friends Don’t...” to display in the classroom for reference throughout the year.

After the interviews, students will engage in a shared writing project as a class to write How to Keep All Your Friends. Students will choose one of the helpful things friends can do and draft a “WANTED” page for the class book. With the guidance and support from adults, students will focus on the topic and revise and edit their writing before publishing on the WANTED page.

The teacher will compile and bind all student work into the class book. Read the book to the class to share all of the ideas for what the class is looking for in a friend and make the book accessible to the class to read during independent reading times.

**Closure:**

Today’s class was about friendships and how to recognize helpful and harmful behaviors. The Wanted pages you created can remind us about helpful things that we can do to be a good friend.

1. Use good manners
2. Share
3. Listen
4. Smile
5. Lie
6. Hit
7. Whine
8. Cut in line
9. Steal
10. Use mean words
11. Bossy
12. Run away
13. Throw a tantrum
14. Call names
15. Respect others who are  
different from you
16. Take turns
17. Shake Hands
18. Tease
19. Play tricks on others
20. Tell the truth
21. Cheat
22. Compliment others
23. Tattle
24. Take responsibility for  
actions
25. Complain
26. Leave others out
27. Spit
28. Borrow something without  
giving it back
29. Yell
30. Invite someone to play with  
you

# Appendix B

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. What are 3 helpful things that friends can do?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

2. What are 3 hurtful things that friends can do?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

3. What are 3 important things a friend can do for you at school?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Potential Integration:  
ELA

# WANTED

