

Potential Integration:
ELA

Health

2.ATOD.1.3

Use goal setting strategies to prevent the misuse of medicine or household products.

Materials:

- Stop Ask First Video: https://www.youtube.com/watch?v=YZO-drzD1_M from the NY State Poison control Center
- Book (paper copies for students or on computer screen): Medicine is Not Candy by Heather Brogan and the Poison Control Center at The Children’s Hospital of Philadelphia: <http://www.chop.edu/export/download/pdfs/articles/poison-control-center/medicine-is-not-candy.pdf>
- Appendix A: Planning Form
- Printed Tips to Prevent Poisonings to send home with students: <http://www.cdc.gov/HomeandRecreationalSafety/Poisoning/preventiontips.htm>

Statement of Objectives:

We’re continuing to learn about medicines and personal safety. Today you will learn about goal setting and how this can help you avoid medicines and products you should not take.

Focus Step:

As a class, watch Stop, Ask First (6:00). Students can read and sing along with the words. You can stop at the 1:40 mark if you choose.

Ask students to identify the good things the kids in the video did to keep themselves safe (e.g. did not touch or taste things they were not sure about and asked an adult if it was something they could).

Teacher Input:

Introduce Medicine is Not Candy. Explain that this story is about a little girl who goes to visit her grandparents and unexpectedly ends up at the hospital. Ask students to think about the steps the little girl could have taken to keep herself safe. Read the story aloud to the class.

After the story, ask students:

1. In the beginning of the story, who did Tommy and Alivia go to visit?
2. Where did Alivia go to look for Tabby?
3. What did Alivia eat? Why?
4. What should Alivia have done? (Stop, Ask First)
5. Who found Alivia eating the pills?
6. Who did Grandma call? Why?
7. What happened after Grandma called the Poison Control Center?
8. Who called to see if Alivia was feeling better?
9. What did Grandma and Grandpa do after everyone rested?
10. How will the steps they took keep Tommy and Alivia safe?
11. What lesson did Alivia learn?

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Assessment:

Ask students to think about what steps they can take in their homes to make sure they stay safe? Use the planning form in Appendix A. Reinforce “Stop, Ask First.” For homework, have students take the book home and read it with their family. Ask students to complete a safety walk around their homes with their families to look for the items listed on their Planning Form (Appendix A). Send home the Tips to Prevent Poisoning from the CDC families to prevent poisoning in their homes.

Closure:

Today you learned about possible risks in your home and what to do. I look forward to hearing about the safety plan you create at home.

Appendix A

Name: _____

Date: _____

1. In the bathroom I will look for:

a. _____ . When I find _____

I will _____ .

b. _____ . When I find _____

I will _____ .

2. In the kitchen I will look for:

a. _____ . When I find _____

I will _____ .

b. _____ . When I find _____

I will _____ .

3. In the _____ I will look for:

a. _____ . When I find _____

I will _____ .

b. _____ . When I find _____

I will _____ .

4. If I am not home and I find something I want to touch, taste or play with, I

will _____ .