

Potential Integration:
ELA

Health
1.PCH.2.2 Summarize the transition between primary and permanent teeth and steps for seeking health for dental problems.

Materials:

- Book – My Tooth is About to Fall Out by Grace Maccarone
 - (ISBN: 0-590-4876-5)
- Handout - Tooth Transitions (copies for students) tooth image is CCO.
- Index cards – optional

Focus Step:

Go to this link from the American Dental Association <https://www.mouthhealthy.org/en/dinosaur%20quiz> Tell students you are going to take a quiz on dinosaur teeth. Go through each of the questions letting students provide answers.

Statement of Objectives:

Today we're going to talk about our teeth! By the end of this lesson, you will be able to describe how your teeth change between primary and permanent teeth. You will also be able to explain how to get help if you have any problems with your gums or teeth.

Teacher Input:

Share the book My Tooth Is About to Fall Out (Level 1 reader – students can help read this story).

Ask students the following processing questions to build comprehensive and reinforce the dental health concepts addressed by the books.

What happens to this little girl's tooth?

How many baby teeth did she have?

What happens to the roots of the baby teeth?

Where are the adult teeth?

Questions from previous book – I Know Why I Brush My Teeth

Why do we need adult teeth?

When do baby teeth fall out and adult teeth come in?

When do we get our last adult teeth?

Why should we take good care of our teeth?

Ask the students to look for examples of when you might need to see a dentist and why. Remind students that once our adult teeth come through the gums, it is critically important to take care of them by brushing and flossing (with the help of parents) our teeth twice a day and limiting sugary beverages and sweet foods in our diets to keep our teeth healthy and strong. Unlike sharks, our adult teeth are the last teeth we will ever get.

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Assessment:

Provide students with a copy of the Tooth Transitions handout and ask students to write a story that describes the transition from baby teeth to adult teeth. Students should include when teeth begin the transition and when the transition ends. Why humans need baby and adult teeth and the difference between the two. For fun – students can describe how shark teeth are different and draw a picture.

Optional - students can write their sentences on separate index cards and build the appropriate sequence by gluing the cards on the handout in the order that accurately describes the transition.

Closure:

You now know how, when, and why humans change from baby teeth to adult teeth. It is important to take good care of our teeth to keep them healthy and strong and to visit a dentist if we have pain or problems with our teeth and gums. Our adult teeth are the last teeth we will ever have so we must take care of them and get help *when needed*.

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Tooth Transitions!

Beside the tooth, describe the transition from baby teeth to adult teeth.



Tooth Transitions

Baby Teeth



Number: _____



Adult Teeth



Number: _____