

Potential Integration:
ELA

Health
1.ICR.1.4 Contrast appropriate and inappropriate touch.
1.ICR.1.5 Illustrate how to seek adult assistance for inappropriate touch.

Darkness to Light End Child Sexual Abuse is an organization that provides a lot of training and resources to youth serving organizations in an effort to prevent child sexual abuse. Use this link to learn more: <http://www.d2l.org/site/c.4dICIJOkGcISE/b.6069275/k.31EB/Prevention.htm>

Materials:

- Book - Joey Wants to Know by Selena Smith (ISBN: 978-1-60696-902-1)
- Red Index Card (one for each student)
- White Index Card (one for each student)

Statement of Objectives:

By the end of the lesson, you will be able to recognize unacceptable touch and demonstrate how to get help from an adult if needed.

Teacher Input:

Share the book *Joey Wants to Know*, which is an excellent resource to explain unacceptable touch using animal characters in a tactful and non-threatening manner. Explain to the class that when someone shakes our hand or gives us a pat on the head or shoulder to congratulate us that is a good touch. Let's read *Joey Wants to Know* to find out the difference between good touch and unacceptable touch.

Joey and Jacky, his sister, think about all of the different ways others have touched him recently, which include the following:

- Farmer Fred patted Joey on his head.
- Grandma Gertrude gave Jacky a big hug when she showed her a picture she colored for her.
- Katie Koala tapped Joey on the shoulder and asked for a piece of paper and a pencil.
- Mailman Michael shook Jacky's hand.

Ask the students after each example if this is an example of good touch. Continue reading and Mama Kaye reassures Joey that these are all examples of good touch. Mama then explains that bad touch is when someone touches you in a personal place. Personal places on our bodies are areas of your body that a swimsuit would cover.

It is important to emphasize as the book does very well that there may be times when a doctor or medical professional has to examine our bodies to make sure we are healthy and mommies and

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daddies may help us clean those areas but no one should ever touch our personal places or ask to see our personal places.

The book also does a good job explaining what Joey should do if someone touches or tries to touch him in a place his swimsuit covers.

Explain to students that if someone asks to or tries to touch a place that a swimsuit would cover, they should tell a teacher, mommy, daddy, grandma or grandpa. Our bodies are private and no one has the right to touch us there. We should tell someone immediately.

Assessment:

Distribute red and white index cards to students. Tell the students that the red card will represent bad or unacceptable touch. The white card will represent good touch. Go back through the book and show the following pictures:

- Joey and the farmer
- Jacky and Grandma Gertrude
- Katie Koala and Joey
- Mailman Michael and Jacky
- Joey and the Doctor

Ask students to hold up a white card if they think this is an example of good touch or inappropriate touch after showing and describing each picture.

Turn to the page of Joey and Jacky in their swim suits and ask the class – what if someone ask Joey or Jacky to show them their bodies or tried to touch them in a place that is covered by your swimsuit. Students should hold up the red card. Ask students what the difference is and they should reply that bad touch is when someone touches or tries to touch a personal part of your body that would be covered by a swimsuit.

Ask students if this happened what should Joey or Jacky do? Students should respond with tell a teacher, a parent, a grandparent, or a trusted adult.

Closure:

Today you learned the difference between good and inappropriate touch and who to tell if someone tries to touch you in a personal place. Remember that no one has the right to touch personal places on your body and you should ALWAYS tell someone if they do.