

Potential Integration:
ELA

Health

1.ICR.1.1

Explain the importance of demonstrating respect for the personal space and boundaries of others.

Materials:

- Video – Keep Your Hands to Yourself, from Wonder Grove Kids (2:26)
<https://www.youtube.com/watch?v=8iTPPh1d2j8>
- Book – Personal Space Camp by Julia Cook and Carrie Hartman (ISBN: 1931636877)
- Optional – hula-hoops or poly spots for the busy bee game

Statement of Objectives:

By the end of today’s lesson, you will be able to demonstrate the ability to respect the personal space and boundaries of others.

Focus Step:

Play the following video <https://www.youtube.com/watch?v=8iTPPh1d2j8>

Ask students for examples of what Maria and Chris did that made Dee feel uncomfortable.

Possible responses: Maria and Chris were in Dee’s personal space and they touched her when playing a game.

Ask: What did Dee do?

Dee does not like to be touched so she told both Chris and Maria that she does not like that even when they are playing. Dee established a personal boundary and Maria and Chris respected it by not doing it again.

Finish by emphasizing that it is important to respect the personal space and boundaries of others and today’s lesson will teach us how.

Teacher Input:

Remember it is important to respect each other’s boundaries and personal space.

Share the book – Personal Space Camp by Julia Cook and Carrie Hartman. Ask the students to find three things that Louis learns about personal space. Ask students to retell the story focusing on what Louis learned in this book.

Discuss with students how each person is different and each personal may be more or less comfortable with people being close to them. Some people enjoy working closely with

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others and other people need more space to feel comfortable. It is important to respect one another's needs and give each other the space they need to feel comfortable and productive. At school we try to give each other an arms length of distance during most of our activities and when we are sitting an elbow lengths distance. This is a distance in which most people feel safe.

Assessment:

Tell the students we are going to play a game called Busy Bees. In some bee hives there is a queen bee and our game will also have a queen bee. The queen bee is looking for the person who is doing a really good job of respecting space of others and not bumping into each other and each other's things.

When the teacher says go, the students will perform the locomotor skill announced by the teacher (walk, skip, hop, gallop, etc) around the room without bumping into objects in the room, and while respecting the personal space of others. When the teacher calls stop – students must freeze. They will spread their arms and twist in two directions to make sure they are not bumping into anyone else. If there is a lot of empty space move chairs or lay poly spots or hula-hoops on the floor and tell the students, these items are “out of bounds” – we cannot touch these areas or run through them. This will encourage students to pay closer attention to objects and each other as they move through space.

When the teacher says stop, the queen bee will announce the bee who did the best job respecting personal space and this person becomes the queen bee and play continues.

Closure:

It is important to respect personal space and boundaries of others. You did a great job today showing me that you know how and why we do this.